



**INNOVATIVE
HEALTH
SOLUTIONS**



Reflecting on 2025, grateful for our community, and ready to make 2026 even brighter!

Dear friends, colleagues, and community partners,

As 2025 comes to a close, we want to take a moment to thank each of you for your incredible support throughout the year. Your engagement, enthusiasm, and collaboration have made it possible for us to continue our work in enhancing community health, supporting those in need, and fostering meaningful connections across Solano County.

This year has been busy and full of milestones. From co-hosting the Master Plan for Aging and Disability event to providing services, classes, and programs, we've been honored to share these moments with you. We've also faced challenges together, including funding reductions and staffing changes, which were not easy for our team or the community. Yet through it all, your dedication and passion have inspired us to keep moving forward.

We are especially grateful for our amazing team, board members, and volunteers, whose hard work, creativity, and commitment make everything we do possible every day. Your efforts, often behind the scenes, are the heart of our organization and the foundation of the impact we are able to make.

Over the next few weeks, our day-to-day work will slow, giving us time to reflect on the past year and plan for 2026. In January, we look forward to sharing a full recap of the year's highlights. Each of these experiences has reminded us of what matters most: building community, learning together, and making a positive difference.

As we take this time to rest, reconnect with loved ones, and recharge for the year ahead, we hope you can do the same. May this holiday season bring you peace, joy, and the

warmth of community.

In the meantime, don't forget to check out our [calendar](#) to explore upcoming opportunities in 2026. We can't wait to see you again in the new year, ready to continue this important work together.

With gratitude and warm wishes,

Dr. Norma Lisenko
on behalf of The Innovative Health Solutions Team

Your donations help us keep vital services FREE for our community, including:

- Physical activity and nutrition classes for older adults
- Congregate meals and medically tailored meals for older adults
- CalFresh Healthy Living classes and support services
- Community events and resource connections
- Training and technical assistance for partners and providers

Sus donaciones hacen posible que nuestros servicios sigan siendo GRATUITOS para la comunidad, incluyendo:

- Clases de actividad física y nutrición para adultos mayores
- Comidas en grupo y comidas adaptadas a necesidades médicas para adultos mayores
- Clases y servicios de Vida Saludable de CalFresh
- Eventos comunitarios y acceso a recursos
- Capacitación y asistencia técnica para socios y proveedores

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